# Cry for <u>H</u>elp

Computer Tips & Tricks

**Apple Watch**
Wrist watch, jewellery or just a toy?
Like any new technology device, it takes time to see the useful possibilities over just the fancy flashing lights.
It's functionality is extremely flexible, constrained purely by the imagination of each app developer.
Firstly, there is the medical data collection. Like other wearable fitness devices, it measures steps, energy output and heart rate. It also gives feedback like, reminders to stand up or do something physical each hour. This information is displayed in apps on the watch, and is fed back to other apps on the phone, where the data can be stored and more complex workout history and trends can be displayed.
Then there are all the other functions that are extensions of apps on the Phone. This is where the watch becomes really useful, with making & taking phone calls, reading & replying to messages, remote operation of the camera, display of up to the minute football scores, TV programs, appointments, the weather, your location on a map, play music, view photos, deal with eMails and the list is growing every day.
If you normally have your phone on the desk or table beside you, then you probably won't find this very useful. Alternatively, if you are mobile, with your phone in your pocket or bag, then these become very useful. You see immediately who the caller is and if you want to leave the meeting to take the call. Or glance at a message to see if you want to give a quick reply. But no keyboard you say, that's okay, because you reply with either voice, preset text or emojis. Also it does; Alarms, reminders and calendar events. Most of all - It's fun to use.
**Jonathan Harris**
**JNH Software P/L**
**5259 2304**