

Cry for Help

Computer Tips & Tricks for the novice to the advanced.

Virus Clean Up.

I hope by now everyone has seen the wisdom of having up to date anti-virus software on their computers. Not only the licence needs to be up to date but also the software and virus signature files as well. Most packages will automatically do their own updating each morning when you switch your computer on, especially if you are on broadband. However if you are on Dial Up, you will need to make sure you log on and initiate the updating yourself each time you pick up email or surf the net.

Now, just as important as anti-virus software, is the protection of your computer against, Worms, Trojans, Advertising Pop ups and other malware. To keep your computer protected against these, you need to be running both Adaware and Spybot. Like your anti-virus software, they both need to be kept up to date and run on a regular basis to scan the files on your computer. Normally monthly is sufficient, but if you are a high internet user or receive lots of emails, then weekly would be more appropriate. These are free software packages that will find and repair the files on your computer. They target the things that most anti-virus software doesn't find or fix.

Remember, keep your computer clean and it will reward you with improved performance – Good Luck.

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